IMPORTANT NOTE
Please thoroughly read the General CDE Rules Section at the beginning of this handbook for complete rules and procedures that are relevant to State FFA Career Development Events.

I. PURPOSE
This event develops employment skills for students who are interested in experiencing and pursuing a career opportunity in the meat industry. Those who participate will become more knowledgeable consumers of meat and meat animal products and/or involved in the industry of marketing and managing. There are many job opportunities today that deal directly with the information provided in this contest. Students may continue studies in meat and food sciences related disciplines or go on to work in the meat industry at the processing, wholesale or retail levels.

II. OBJECTIVES
A. Develop employment skills for students who are interested in exploring or pursuing career opportunities in the meat animal industry.
B. Assist the local agricultural education instructor in motivating students to become knowledgeable consumers of meat animal products and/or involved in the industry of meat animal marketing and merchandising.
C. Develop broader analytical skills, critical thinking strategies and an understanding of appropriate meat terminology for high school students.
D. Develop the ability to evaluate meat animal products in order to optimize economic returns to producers and industry as well as to meet the needs of the consumer.
E. Develop cooperation and communication skills.

III. EVENT RULES
A. Contestants will report for instructions (9:00 am) to the Animal Science Building, Room 123. Contestants must come prepared to work in a cold storage room.

B. There will be no handling of wholesale cuts, exposed ribeyes of beef carcasses or identification cuts during the contest. Contestants shall not use any mechanical aid or tabular material aids in arriving at a decision. Failure to comply with these rules, as well as all other customary contest procedures, will be sufficient cause for disqualification of a contestant.
C. All participants are expected to be prompt at their stations throughout the event; no provision will be made for tardiness and will cause late participants to lose event points.

D. No conversation will be allowed between participants after the individual activities begin. Conversation among participants constitutes disqualification.

IV. EVENT FORMAT
A. Team Make-Up
   1. Each team will be comprised of 3 or 4 members. The top 3 members’ scores will be used to determine the total team score.

   2. Schools with less than three contestants may enter one or two individuals to compete for individual honors.

   3. Alternates will be allowed to participate in the contest providing there is room and dependent on the number of teams entered.

B. Equipment
   1. Clothing-Participants must come to the event prepared to work in a cold storage facility (approximately 4°C) for approximately two hours. Participants are required to wear protective clothing 1) hard hats, 2) hairnets, 3) warm clothing and proper footwear.

   2. Each participant must bring two sharpened No. 2 pencils, a clean clipboard Participants must not bring any blank paper, notes, training aids, other electronic items, purses or backpacks.

C. Event Schedule
   1. Each contestant shall complete the event in the time allotted:
      a. Identify 30 retail cuts (1 minute/cut)
      b. Quality and Yield grade 4 beef carcasses (10 minutes)
      c. Six Placing Classes (10 minutes/class)
      d. 10 Questions (5 from 2 classes)
      e. Written Exam (20 questions)

D. Identify 30 Retail Cuts (210 pts)
   1. Participants will identify 30 retail meats cuts found on the “Meats Identification Card.”
a. Only the cuts listed on the Retail Cuts Coding sheet are eligible to be used in this event.
b. Participants will be given one point for correct species identification, one point for correct primal cut identification, one point for correct cookery and three points for correct retail trade name.
c. Answers will be recorded on a computerized scorecard.
d. CLARIFICATION OF TERMS FOR RETAIL ID
   • CHOP—Smaller, flat cuts of meat, usually from the pork, veal or lamb rib, loin or shoulder, generally ranging from ½” to 1½” in thickness. A chop usually is of a size to be a single meal portion.
   • SLICE—A section of meat, usually less than one inch thick, taken from the center or either side of center of the leg of pork, lamb or veal.
   • STEAK—A flat cut of meat, larger than a chop, ranging from ¾” to 1½” of thickness cut from various parts of a beef carcass, or the shoulder of pork and veal. The size of a steak often is sufficient to provide more than one portion.
   • ROAST (Meat Cut)—Cuts of meat larger than steaks, chops or slices (usually two or more inches thick). This cut is intended to serve more than two people.

E. Beef Quality and Yield Grading (80 points)
   Participants will quality grade and yield grade six beef carcasses.
   1. Quality Grading: Participants may or may not use the training aid provided for Beef Grading. If using the Training Aid II (located at end of Meats Evaluation section), the participant may give the carcass skeletal maturity score and lean maturity score and calculate a final maturity. Then they will assign a marbling score based on USDA standards and then determine the final quality grade. The participant should complete the section of answers for quality grading on the computerized scorecard.
   2. Yield Grading: Participants may or may not use the training aid provided for Beef Grading. If using the Training Aid II, participants may write in the carcass weight which is given for each carcass, estimate the carcass preliminary yield grade based on USDA Standards, and then adjust the preliminary yield grade using “Ribeye Area”, “Carcass Weight,” and “% Kidney, Pelvic and Heart Fat.” After completing these steps, the participant may write in the final “Yield Grade” to the nearest one-tenth of a grade. The participant should complete the section of answers for yield grading on the computerized scorecard.

*See National CDE rules for scoring

F. Six placing classes selected from the following (300 points)
*See National CDE rules for scoring

G. Classes with Placing and Questions (100 pts for placing) (50 pts for Questions)
   1. Two classes will be selected from the list of classes in item VII to be placed.
   2. Then (10) minutes will be allowed to place each class
   3. Then 10 questions will be asked covering both classes.
**H. Written Exam - 40 points**

Each participant will be given a written test relating to meat storage and handling, cookery, nutrition, food safety (HACCP principles, bio-security and personal safety), animal welfare and animal identification systems. Questions could include multiple choice, true/false or situation based questions. Value per question will be based on question type. Maximum points possible on the exam is 40 points. All questions will be based on materials taken from the “Meat Science and Food Safety” DVD available through CEV Multimedia as listed on the resource material list.

Scan sheets will be used to mark all placing classes, questions, grades, and retail identification. Scan sheets (National Meat Evaluation scansheet - #480-4) will be provided. Visit [www.judgingcard.com](http://www.judgingcard.com) to view a sample sheet. Come prepared with #2 pencils, scan sheets, and clipboard. Individuals completing scan sheets with anything other than a #2 pencil (i.e. pen) will be disqualified.

**V. SCORING**

- Retail Meat Cut Identification ............... 210
- Grading .............................................. 80
- Placing of 6 Classes .............................. 300
- Questions ........................................... 50
- Written Exam ...................................... 40

**Total Points**
- Individual ....................... 680
- Team .............................. 2040

**VI. TIEBREAKERS**

If ties occur, the following events will be used in order to determine award recipients:

A. Individual
   1. Identification Retail Meat Cuts
   2. Grading
   3. Class Questions

B. Team
   1. Retail ID total of highest three scores
   2. Grading total of highest three scores
   3. Class questions total of highest three scores

**VII. REFERENCES**
This list of references is not intended to be all-inclusive. Other sources may be utilized and teachers are encouraged to make use of the very best instructional materials available. The following list contains references that may prove helpful during event preparation.

- Meat Evaluation Handbook (hard bound)
- Retail Meat Instructional Materials/Instructor Combo Pack
- Retail Meat Team Combo Pack
- Retail Meats Field Guide
- Retail Meats Flash Cards Meats Evaluation and Technology Career Development Event 2012-2016

Meats Evaluation and Technology Career Development Event
- Meat Identification Tutorial CD-ROM
- Meat Buyer’s Guide
- NAMP Meat Posters
- Beef, Lamb, Pork and Veal Cut Charts
- Meats Evaluation Scan Forms
- National FFA CDE Q&A’s (2007-2010)
- FFA Learn-National FFA CDE Q&A’s (2005 & 2006)

CEV Multimedia
1020 SE Loop 289, Lubbock, TX 79404, (800) 922-9965
- Retail Cuts Identification (DVD)
- Meat Science and Food Safety (DVD) - written exam resource

Beef Myology - [http://bovine.unl.edu/bovine3D/eng/nIntro.jsp](http://bovine.unl.edu/bovine3D/eng/nIntro.jsp)
National Cattlemen's Beef Association
9110 E. Nichols Ave. #300, Centennial, CO 80112, (303) 694-0305/1-800-368-3138
- USDA Marbling Photographs
- Guide to Identifying Meat Cuts
  [https://store.beef.org/](https://store.beef.org/)

American Meat Science Association (AMSA)
2441 Village Green Place, Champaign, Illinois 61874, (800) 517-2672
Email: information@meatscience.org
- USDA Marbling Photographs
- Meat Evaluation Handbook

Art Services, Inc.
3015 Earl Place, N.E., Washington, D.C., 20018, (202) 526-5607
• Beef Ribeye Grids

NASCO
901 Janesville Avenue, P.O. Box 901, Fort Atkinson, WI 53538-0901, 1-800-558-9595
• Preliminary Yield Grade Rulers (http://www.enasco.com/product/C02615N)
• Beef and Pork Ribeye Grids

Example Meats Evaluation Websites of Classes and Materials
http://aggiemeat.tamu.edu/judging/meatjudging.html
http://animalscience.unl.edu/meats/id/

VIII. SUPPLEMENTAL MATERIALS AND FORMS
Oklahoma FFA Retail Meats ID

Scan Sheet 480-4
MEATS EVALUATION AND MANAGEMENT
3-4 Member Team

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### Primal Cuts

- A Breast
- B Brisket
- C Chuck
- D Flank
- E Ham or Leg
- F Loin
- G Plate
- H Rib or Rack
- I Round
- J Shoulder
- K Side (Belly)
- L Spare Ribs
- M Variety Meats
- N Various Meats

### Roasts/Pot Roasts

- 01 American Style
- 02 Arm Presents
- 03 Arm Roast
- 04 Arm Roast (Bris)
- 05 Back Ribs
- 06 Blade Roast
- 07 Blade Boston
- 08 Bottom Round
- 09 Bottom Round (Bris)
- 10 Brisket, Whole (Bris)
- 11 Center Loin Roast
- 12 Center Rib Roast
- 13 Eye Roast (Bris)
- 14 Eye Round Roast
- 15 Flat Half (Bris)
- 16 French Style
- 17 Fresh Side
- 18 Leg Roast (Bris)
- 19 Loin Roast
- 20 Mock Tender Roast
- 21 Petite Tender
- 22 Rib Roast
- 23 Rib Roast (Frenched)
- 24 Ribs (Denver Style)
- 25 Rump Portion
- 26 Sever (T) Bone Roast
- 27 Swiss Steak
- 28 Short Ribs
- 29 Shoulder Roast (Bris)
- 30 Sirloin Round
- 31 Sirloin Half
- 32 Spare Ribs
- 33 Square Cut (Whole)
- 34 Tenderloin (Whole)
- 35 Tip Roast (Bris)
- 36 Tip, Cap Off Roast
- 37 Top Loin Roast (Bris)
- 38 Top Roast (Bris)
- 39 Top Round Roast
- 40 Tri-Tip Roast

### Steaks

- 41 Arm Steak
- 42 Blade Steak
- 43 Bottom Round Steak
- 44 Center Slice
- 45 Eye Steak (Bris)
- 46 Eye Round Steaks
- 47 Flank Steak
- 48 Mock Tender Steak
- 49 Porterhouse Steak
- 50 Ribeye, Lip-On Steak
- 51 Round Steak
- 52 Round Steak (Bris)
- 53 Sirloin Cutlets
- 54 Sirloin (Bris)
- 55 T-Bone Steak
- 56 Tenderloin Steak
- 57 Tip, Cap Off Steak
- 58 Top Ribs (Bris) Filet Iron Steak
- 59 Top Loin Steak
- 60 Top Loin (Bris) Steak
- 61 Top Round Steak
- 62 Top Sirloin Steak (Bris)
- 63 Top Sirloin Cap Off Steak (Bris)
- 64 Top Sirloin Cap Steak (Bris)

### Cookery Methods

- D Dry Heat
- M Moist Heat
- DM Dry or Moist Heat